WHAT DO I NEED TO KNOW AND DO TO BE A COMPETENT, COMPASSIONATE, CARING NURSE?

THE ELEMENTS OF THOUGHT

Purpose
Questions
Information
Inferences / Conclusions
Concepts / Theories / Models
Assumptions
Implications & Consequences
Points of View

INTELLECTUAL STANDARDS & COMPETENT COMMUNICATION...

How are these concepts related?

<table>
<thead>
<tr>
<th>Clarity</th>
<th>Accuracy</th>
<th>Precision</th>
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<td>Relevance</td>
<td>Breadth &amp; Depth</td>
<td>Completeness</td>
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<tr>
<td>Logic</td>
<td>Significance</td>
<td>Fairness</td>
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THE NURSING PROCESS: ASSESSMENT, NURSING DIAGNOSES, PLANNING, IMPLEMENTATION, & EVALUATION
The SEE-I Technique of Thinking Things Through

An excellent way to show you understand a concept, idea, or thought is to explain it as thoroughly as you can to yourself and others. One way to do this is called the **SEE-I technique**. This technique will give you a clearer picture of what you mean, and it will let others know you understand! Think about how this aids your development of critical and creative thinking & competent communication skills as a nurse!

**State:** Give brief explanation

**Elaborate:** In other words... (Expand on that explanation)

**Exemplify:** For example... (Explain a concrete example)

**Illustrate:** It’s like... (Think metaphor or analogy here)

SEE-I Each statement below...

- What is a nurse?
- What does compassion mean?
- Why is it important to be book smart as well as “street smart”?
- What does thinking critically mean to you?
- What does it mean to think creatively?
- What is a successful nursing outcome?
- What is the Nursing Process?

**Intellectual Traits / Virtues**

- Intellectually Humble
- Intellectually Courageous
- Intellectually Empathetic
- Intellectually Autonomous
- Intellectual Integrity
- Intellectual Perseverance
- Confidence In Reason
- Fairmindedness

If we apply the elements to our questions and the standards to our answers, can we become more virtuous in the nursing profession?

*** The mission of the Baccalaureate and Graduate Nursing Department is to serve the community of interest by providing high quality, accessible learning opportunities which encourage students to act independently, to think critically, to communicate effectively, and to practice professional or advanced levels of nursing with integrity, enlightenment and creativity while collaborating with regional partners to promote health. ***